

SELF-HELP

Author	Title	Year	Publisher	Category
Baldwin, C.	Making Sense of Our Lives through the Power and Practice of Story	2005	New World Library	Self-Help
Baron, R.	The Enneagram Made Easy	1994	Harper	Self-Help
Beattie, M.	The Language of Letting Go	1990	Hazelden	Self-Help
Beesing, M.	The Enneagram	1984	Dimension Books	Self-Help
Bosco, A.	Shaken Faith: Hanging in There When God	2001	Twenty-third Publications	Self-Help
Bridges, W.	Transitions: Making Sense of Life's Changes	1980	Addison-Wesley	Self-Help
Buscaglia, L.	Living, Loving and Learning	1982	Holt, Rinehart & Winston	Self-Help
Buscaglia, L.	Loving Each Other	1984	Holt, Rinehart & Winston	Self-Help
Callahan, R.	God Is Close to the Brokenhearted	1991	St. Anthony Messenger	Self-Help
Carretto, C.	Why O Lord? The Inner Meaning of Suffering	1986	Orbis Books	Self-Help
Chittister, J.	Twelve Steps to Inner Freedom: Humility Revisited	2003	Benetvision	Self-Help
Chopra, D.	The Seven Spiritual Laws of Success	1994	Amber-Allen Publishing	Self-Help
Cliff, W.	Jung and Christianity	1982	Crossroad Publishing	
Donnelly, D.	Seventy Times Seven: Forgiveness and Peacemaking	1993	Pax Christi	Self-Help
Downey, M.	Hope Begins Where Hope Begins	1998	Orbis Books	Self-Help
DuPortal, M.	Bearing Your Troubles Well	1998	Bearing Your Troubles Well	Self-Help
Emerson, J.	Suffering: Its Meaning and Ministry	1986	Abingdon Press	Self-Help
Gilmartin, R.	Suffering	1984	Affirmation Books	Self-Help
Green, T.	Weeds Among the Wheat	1984	Ave Maria	Self-Help
Groeschel, B.	The Courage to Be Chaste	1985	Paulist Press	Self-Help
Faiella, W.	Sharing Meals Heals	2004	William Faiella	Self-Help
Hass, D.	Is Your Life Out of Whack?	2002	Writer's Showcase	Self-Help
Hays, Ed.	Feathers on the Wind	1995	Forest of Peace Publishing	Self-Help
Hayward, S.	A Guide for the Advanced Soul	1987	In-Tune Books	Self-Help

Hershey, Terry	The Power of Pause	2009	Loyola Press	Self-Help
Hurley, K.	Discover Your Soul Potential	2000	Enneagram Resources	Self-Help
Kastner, T.	Seeking Understanding Choosing Life	2010	Claretian Publications	Self-Help
Kelly, M.	Perfectly Yourself	2006	Beacon Publishing	Self-Help
Kidd, Sue	God's Joyful Surprise	1978	Harper San Franciscan	Self-Help
Kiechle, S.	The Art of Discernment	2005	Ave Maria	Self-Help
Kushner, H.	When Bad Things Happen to Good People	1980	Schocken Books	Self-Help
Liderbach, D.	Why Do We Suffer? New Ways of Understanding	1992	Paulist Press	Self-Help
Linn, D.	Healing Life's Hurts	1978	Paulist Press	Self-Help
Linn, D.	Healing of Memories	1984	Paulist Press	Self-Help
Livingston, P.	This Blessed Mess	2001	Sorin Books	Self-Help
Lonsdale, D.	Listening to the Music of the Spirit	1966	Ave Maria	Self-Help
MacNutt, F.	The Power to Heal	1997	Ave Maria	Self-Help
May, G.	The Awakened Heart: Living Beyond Addiction	1991	Harper	Self-Help
McCloskey, P.	When You Are Angry With God	1987	Paulist Press	Self-Help
Meehan, B.	Affirmations from the Heart of God	1997	Liguori	Self-Help
Myers, L.	The Power of Memoir	2010	Jossey-Bass	Self-Help
Nouwen, H.	The Dance of Life	2005	Ave Maria	Self-Help
Nouwen, H.	The Inner Voice of Love	1996	Doubleday	Self-Help
O'Donohue, J.	Eternal Echoes	1999	Cliff Street Books	Self-Help
O'Murchu, D.	The Transformation of Desire	2007	Orbis Books	Self-Help
Payton, C.	Stronger Than Cancer	2002	Compendium	Self-Help
Riso, D.	The Wisdom of the Enneagram	1998	Bantam Books	Self-Help
Robinson, B.	Heal Your Self-Esteem	1991	Health Communications	Self-Help
Rolheiser, R.	The Restless Heart	2004	Doubleday	Self-Help
Ruiz, D.	The Mastery of Love	1999	Amber-Allen Publishing	Self-Help
Rupp, J.	Dear Heart, Come Home	1997	Crossroad Publishing	Self-Help
Rupp, J.	Little Pieces of Light	1994	Paulist Press	Self-Help
Salmansohn, K.	The Bounce Back Book	2007	Workman Publishing	Self-Help
Salmansohn, K.	How to Be Happy, Dammit	2001	Celestial Arts	Self-Help
Silf, M.	The Other Side of Chaos	2011	Loyola Press	Self-Help
Smollin, A.	Tickle Your Soul	1999	Sorin Books	Self-Help

Some, S.	The Spirit of Intimacy	1997	Berkeley Hills Books	Self-Help
Stella, T.	The God Instinct	2001	Sorin Books	Self-Help
Toole, E.	A New Earth; Awakening to Your Life's Purpose	2005	Plume Book	Self-Help
Thompson, H.	Journey Toward Wholeness	1982	Paulist Press	Self-Help
Thompson, H.	How to Forgive Yourself and Others	1993	Liguori	Self-Help
Valles, C.	Let Go Of Fear	1991	Triumph Books	Self-Help
Woodman, M.	Dancing in the Flames	1996	Shambhala	Self-Help
Zuercher, S.	Enneagram Spirituality	1992	Ave Maria	Self-Help
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