

## ***EXAMPLES OF WHAT WE MAY DO TO BECOME ANTI-RACIST***

We invite you to begin the anti-racism journey and walk with us by actively working on one or two of these examples.

- *Learn all one can about racism – read books, watch movies, go to workshops and lectures*
- *Commit to anti-racism (Anti-racism = a conscious intentional effort to eliminate racism in all its forms – individual, cultural and institutional)*
- *Write letters to the editor of the paper when you see something happen, either positive or negative*
- *Regularly bring to prayer your desire to eliminate racism*
- *Value the qualities of people whose cultures are other than your own*
- *For white people, develop awareness of how white privilege impacts our lives. (Click on the following link or copy and paste on your browser:  
[http://www.cirtl.net/files/PartI\\_CreatingAwareness\\_WhitePrivilegeUnpackingtheInvisibleK\\_napsack.pdf](http://www.cirtl.net/files/PartI_CreatingAwareness_WhitePrivilegeUnpackingtheInvisibleK_napsack.pdf)*
- *Become aware that racism hurts everyone, not just those who are oppressed*
- *Be conscious of anti-racism in hiring practices*
- *Speak directly and honestly when one observes racism in institutions*
- *Inspire individuals/groups to curb racist speech and actions*
- *Have anti-racism dialogue with organizations and support them in their efforts to be anti-racist*
- *Provide ongoing education in areas of anti-racism and white privilege*
- *Utilize social media to convey the message*